





Ingredients

- 110g coconut oil
- ¼ cup rice malt syrup
- ¼ cup honey
- 1 cup coconut sugar
- 2 eggs
- 1 tsp vanilla powder
- ½ tsp cinnamon
- *I tsp cream of tartar*
- 1³/₄ cup white spelt flour (or buckwheat for Gluten Free)
- 1½ cups hazelnut meal
- 200g dark chocolate, roughly chopped (or for sugar free I use 'Loving Earth' dark chocolate)
- Pinch sea salt



Method

- 1. Pre-heat your oven to 170 degrees celcius.
- 2. In a large mixing bowl combine the coconut oil, rice malt syrup, honey, coconut sugar, vanilla powder and cinnamon and beat until smooth.
- 3. Add the eggs to the mixture and stir to combine.
- 4. Fold the cream of tartar, flour and hazelnut meal through the wet mixture.
- 5. Mix in the dark chocolate and sea salt.
- 6. Roll the mixture into balls and place onto 2 paper lined baking trays.
- 7. Flatten the dough balls a little with your hand before placing them in the oven for 15 minutes.
- 8. Remove from the oven and cool for a few minutes. Enjoy!

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