Baked Chicken with Lemon & Thyme

By Ashley Alexander



This delicious recipe for baked chicken with lemon and thyme is perfect for a weeknight dinner. It's super easy to prepare, with very little hands-on time. Team this one up with your favourite vegetable and salad sides.

SERVES 4 | PREP TIME 10 min | COOK/REST TIME 45 min | TOTAL TIME 55 min + marinating time

## INGREDIENTS

- 8-10 medium-sized free range chicken thighs, skinless and boneless
- 4 tablespoons extra virgin olive oil
- 5 cloves of fresh garlic, crushed or finely grated
- 2 lemons
- 1 small handful of fresh thyme sprigs
- Sea salt
- Freshly cracked black pepper

## METHOD

- 1. Place the chicken thighs into a large mixing bowl.
- 2. Now add the olive oil, zest of 2 lemons, the juice of 1 lemon, the crushed or grated garlic, and the fresh thyme sprigs.
- 3. Mix together until the chicken is coated.
- 4. Cover and pop the chicken into the fridge to marinate for a few hours and up to two days.
- 5. When you're ready to bake, preheat your oven to 190°C/375°F.
- Place the marinated chicken on a large baking tray and bake in the oven for about 35 minutes (the chicken should look golden and cooked all the way through).



- Once the chicken is cooked take it out of the oven and let it rest for 10 minutes before serving.
- 8. Serve with your favourite salad and crusty bread or roast potatoes.

## NOTES

For best results, marinate the chicken overnight so the flavour can really develop, or if you're short on time, simply pop it straight in the oven after mixing for a delicious and hassle-free meal.



Find the recipe online: https://www.gatherandfeast.com/baked-chicken-lemon-thyme Let me know if you make the recipe! x @gatherandfeast