# Buttered Tomato, Basil & Chicken Orzo Bake



By Ashley Alexander

Here's a warm, comforting one-pot meal that is so easy to prepare with little hands-on time. It's the perfect weeknight meal. The orzo is smooth and almost creamy, pairing perfectly with the chunks of perfectly marinated chicken and bursts of sweet cherry tomatoes. It's like a cozy, wintry bowl that captures the taste of summer with those cherry tomatoes, fresh basil, and lemon zest. It's so good!

SERVES 4-6 | PREP TIME 15 min (+ optional marinating) | COOK TIME 30 min | TOTAL TIME 45 min

# **INGREDIENTS**

#### Chicken

- 6 chicken thighs, cut into roughly 2-inch-sized pieces
- 1 tablespoon extra virgin olive oil
- 3 cloves garlic, crushed or freshly grated
- 1 teaspoon dried oregano
- 1 teaspoon smokey paprika
- Zest of 1 lemon
- Generous pinch of salt

#### Risoni/orzo bake

• 50g butter

- 1 red onion, finely diced
- 2 cloves garlic, crushed or freshly grated
- 11/2 cups dry orzo/rizoni
- 2 cups chicken broth/stock
- 200-250g cherry tomatoes (2 punnets)
- 2 large handfuls fresh baby spinach
- 2 large handfuls fresh basil leaves
- Small handful of freshly grated Parmigiano Reggiano or grana padano
- Sea salt to taste
- Freshly cracked black pepper to taste

## **METHOD**

- 1. Mix the chicken, olive oil, garlic, oregano, smokey paprika, lemon zest, and salt together in a bowl until the chicken is well coated.
- 2. If you're short on time skip the following step and cook the chicken right away.
- 3. If you're preparing this in advance allow the chicken to marinate in the fridge overnight. I will often prepare the chicken in the morning and allow to marinate in the fridge throughout the day before I serve it later that night. The chicken can be left for up to 2 days marinating in the fridge.
- 4. Preheat your oven to 180°C/350°F.
- 5. Place a large ovenproof saucepan or cast iron pan onto medium to high heat.
- 6. Sear the chicken until golden brown on both sides, remove from the pan, and set aside in a bowl (the chicken doesn't need to be cooked through at this stage as it will continue to cook in the oven).

- 7. Turn down the heat to medium and to the pot add half of the butter along with the onion, then sauté for a minute or two, until the onion is soft.
- 8. Add the garlic and stir to combine.
- 9. Next, add the orzo and fry off for a minute or two in the butter, onions, and garlic.
- 10. Now add back in the browned chicken along with any juices, the cherry tomatoes, and stir to combine.
- 11. Next, add the stock along with the baby spinach and basil.
- 12. Stir to combine and until the spinach has wilted slightly.
- 13. Add the remaining butter and freshly grated parmesan, then stir through until the butter has melted.
- 14. Spread the mixture out evenly and place into the oven (without a lid) for 20 minutes at 180°C/350°F.
- 15. Remove from the oven and allow to sit for 5 minutes before serving.

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## Find the recipe and watch the video online:

https://www.gatherandfeast.com/buttered-tomato-basil-chicken-orzo-bake

Let me know if you make the recipe! x @gatherandfeast