

CITRUS, VANILLA & OLIVE OIL SPELT CAKE WITH ROSE

RSF, VEG 1 hr 2 12



Ingredients

Cake

- 2 cups spelt flour
- 13/4 cups coconut sugar
- $I^{1/2}$ tsp salt
- ½ tsp baking soda
- *1 tsp baking powder*
- 11/3 cups extra-virgin olive oil
- 270ml coconut milk
- 1 tbs rosewater
- 4 eggs
- Zest of 2 oranges
- Zest of 2 lemons
- Zest of 1 lime
- *Zest of 1 grapefruit (optional)*
- ½ cup fresh orange juice
- 1½ tsp vanilla powder or extract

Glaze

- 1 cup pure icing sugar
- Juice of 1 grapefruit (or orange if you don't like grapefruit)
- 2 tbs rose water

Orange Syrup (if using in place of glaze)

- Juice of 2 oranges
- 2 tbs rose water



Method

Cake

- 1. Pre-heat your oven to 180 degrees celcius and grease a large bundt tin with a generous amount of olive oil.
- 2. Mix together all of the dry ingredients.
- 3. Then mix together all of the wet ingredients.
- 4. Now add the dry ingredients to the wet ingredients and whisk until combined.
- 5. Pour the cake batter into the prepared cake tin and bake for about 45 minutes or until a skewer comes out clean.
- 6. Once cooked, remove the cake from the oven and let cool for 10-15 minutes.
- 7. Remove the cake from the tin and place onto a serving plate.
- 8. Drizzle over the glaze or orange syrup and serve.

Glaze

- 1. Add the icing sugar, grapefruit juice (or orange), and rosewater into a mixing bowl.
- 2. Whisk until smooth.

Orange Syrup (if using in place of glaze)

- *I.* Add the orange juice and rose water into a small saucepan.
- 2. Simmer for roughly 10-15 minutes until reduced slightly.
- 3. Pour over warm cake and serve.

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