RAW VEGAN Carrot cake

Ø GF, VGN, RSF 🕔 1 hr 30 mins 🛆 12



Ingredients

Carrot Cake

- 4 carrots, grated
- 2 cups walnuts
- 2 cups dried pitted dates
- 3 tbs flax seed, ground
- 2 tsp cinnamon
- ¹/₂ tsp ground cardamon
- 1 tsp ground turmeric
- 1 tsp freshly grated ginger
- Juice half an orange

Orange & Vanilla Cashew Creme

- 2 cups raw cashews (soaked overnight or at least 1-2 hours if pressed for time)
- Juice 1¹/₂ oranges
- Zest of 1 orange
- 2 tsp vanilla bean paste
- 4 mejdool dates, pitted

For Serving

- Maple syrup
- Roughly chopped pecans



Method

Carrot Cake

- *I.* Blend all of the carrot cake ingredients in a food processor until smooth.
- 2. Press into a glad wrap lined 20cm round spring form tin and place in the freezer to set for about 1-2 hours.

Orange & Vanilla Cashew Creme

3. Blend all of the orange and vanilla cashew creme ingredients in a food processor until very smooth. This will take about 5 minutes. The longer you blend the smoother it gets!

Cake Assemble

- 4. Carefully take the cake out of the tin and place it on a serving plate.
- 5. Smear the cashew creme over the top and sprinkle with chopped pecans and a drizzle of pure maple syrup. Seriously. So amazing. Enjoy!

GATHER & FEAST

Discover more great recipes, resources and styling tips by visiting: www.gatherandfeast.com

© Gather & Feast. All Rights Reserved