MATCHA, COCONUT & CACAO Protein Balls

Ø GF, RSF, VGN 🕓 20 mins

A 20



Ingredients

- 2 cups raw almonds
- 2 cups raw unsalted cashews, soaked & drained
- ³⁄₄ cup coconut flakes
- 3 tbs vanilla pea protein powder (optional) (I use 'Amazonia' pea protein powders)
- ¹/₄ cup rice malt syrup
- ¹/₂ cup pure maple syrup
- 2 tbs coconut oil
- ¹/₂ cup raw cacao
- ½ tsp cinnamon
- 1 tsp vanilla

For Rolling (optional)

- Toasted desiccated coconut
- Extra cacao powder
- Matcha powder (green tea powder)



Method

- *I.* Add all the ingredients into a food processor and blend for about 3-4 minutes.
- 2. The mixture will look crumbly. Take a bit out and press it in your hands. If it stays together it is ready. If it is falling apart blend for a couple more minutes.
- 3. Once the mix is ready, press the mixture into tablespoon sized balls.
- 4. Next roll the balls into the cacao, coconut or matcha powder (optional).
- 5. Store them in the fridge.

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